

World Stroke Day 2017

State level conference on

Comprehensive Nursing Management of Stroke

Organised by
Sree Chitra Tirunal Institute for
Medical Sciences and Technology
Thiruvananthapuram
&
Noncommunicable Diseases Division
Kerala State Health Services



Date: 29. 10. 2017 | Time: 8.00 am to 4.30 pm
Venue: Achutha Menon Centre Auditorium, SCTIMST

Dear Colleagues

We are pleased to invite you for the 'State level conference on Comprehensive Nursing Management of Stroke' at SCTIMST , AMC Auditorium on 29/10/2017 organised by the Nursing service division of SCTIMST, under the direction and support of NCD Kerala and Comprehensive Stroke Care Programme, SCTIMST Thiruvananthapuram.

The conference aims at discussing various aspects in the care of stroke patients, from acute care to discharge planning and home care. Target audience include nurses working in neurology, neurosurgery and stroke care units, nursing students of undergraduate and post graduate programme in neurology and nurse educators.

OBJECTIVES

The participants will be able to:

1. Identify the basic concepts in nursing management of patients with stroke.
2. Incorporate the current critical care guidelines of comprehensive stroke care in reducing the door-to-needle time
3. Refine critical thinking skills and clinical judgement in identifying the case for interventions, nursing care, rehabilitation and risk care management.

Patron:

Dr. Sylaja. P. N, Prof. Neurology

Organising committee:

Mrs. Saraswathiamma. C

Dy. Nursing Superintendent

Mrs. Thresiamma John, Nursing Supervisor

Mrs. Gracyamma Bridget, Nursing Supervisor

Mrs. Omana .C. N, Ward Sister

Mrs. Susamma Mathew, Ward Sister

Mrs. Sudha. K. N, Ward Sister

Mrs. Sudhramani. P, Ward Sister

Mrs. Shani. S. D, Ward Sister

Organising Chair person:

Mrs. Valsala kumari. C, Nursing Officer

Dr. Saramma. P. P, Senior Lecturer in Nursing

Organising Secretary:

Mrs. Padmaja Devi. S. S, Nursing Supervisor

Treasurer:

Mrs. Sara Sherly George, Ward Sister

Mrs. Laisa Kumar, Nurse Incharge, Stroke unit

PROGRAMME

8.00 - 8.30am : Registration

8.30 - 8.45am : Pre Test

Session - I

8.45 - 9.05am : **Diagnosis and Imaging of Stroke**
Dr. Sapna Erat Sreedharan, Asso. Professor of Neurology

9.05 - 9.20am : **Establishment of Comprehensive stroke care unit**
Ms. Laisa Kumar, Sr. Staff Nurse & I/C Stroke Unit

9.20 - 9.40am : **Intravenous thrombolytic therapy: Selection of Patients**
Dr. Sylaja. P. N, Professor, Neurology

9.40 - 9.50am : **Nursing management of patients undergoing thrombolysis**
Mr. Lalu Joy, Staff Nurse – A

9.50 - 10.00am : **Case Study: EMS & How to reduce Door to Needle Time**
Ms. Shiny Biju, Sr. Staff Nurse, & ICN

10.00 - 10.20am : Inauguration

10.20 - 10.40am : Tea

Session - II

10.40 - 11.00am : **Mechanical thrombectomy: Indications and management**
Dr. Jayadevan. E. R, Asso. Professor, IS&IR

11.00 - 11.10am : **Case presentation on IV , IA thrombolysis**
Mr. Anish Kumar. M , Staff Nurse - A

11.10 - 11.30am : **Cardio embolic Strokes**
Dr. Abhilash. S. P, Asso. Professor, Cardiology

11.30 - 11.40am : **Case presentation: Cardio embolic Stroke**
Ms. Suja Raj. L, Staff Nurse - B

11.40 - 12.00pm : **Management of ischemic stroke patients in stroke unit**
Dr. Sylaja. P. N, Professor, Neurology

12.00 - 12.10pm : **Nursing management of haemorrhagic stroke patients**
Ms. Padmaja Devi. S. S, Sr. Nursing Supervisor

12.10 - 12.30pm : **ICU Management of acute Stroke: Anesthetist's Perspective**
Dr. Manikandan. S, Professor, Anesthesiology

12.30 - 12.40pm : **Nursing skills in caring stroke patients with ventilator support**
Ms. Ambili. K , Staff Nurse - A

12.40 - 12.55pm : **Management of Hypertension & Hyperglycemia in acute stroke**
Dr. Arun. K , Postdoctoral fellow in stroke, Neurology

12.55 - 1.10pm : **Dysphagia Management in Stroke**
Ms. Manju Mohan. P, Speech therapist.

01.10 - 2.00pm : Lunch

Session - III

- 2.00 - 2.20pm : **Management of Intra Cerebral Haemorrhage**
Dr. Mathew Abraham, Professor of Neuro Surgery
- 2.20 - 2.30pm : **Case study- Hemorrhagic Stroke**
Ms. Shani. S. D, Ward Sister
- 2.30 - 2.50pm : **Carotid revascularization for prevention of stroke**
Dr. Sreekumar. R. C, Addl. Professor of CVTS
- 2.50 - 3.05pm : **Stroke Rehabilitation: Nurses' role**
Mr. Amal. M. G, Physiotherapist
- 3.05 - 3.25pm : **Secondary prevention of stroke**
Dr. Thomas Iype, Professor & HOD, Neurology, MCH
- 3.25 - 3.35pm : **Discharge Planning**
Mrs. Laisa Kumar, In charge, Stroke unit
- 3.40 - 3.55pm : **Post Test**
- 3.55 - 4.20pm : **Panel discussion**
- 4.20 - 4.30 pm : **Valedictory**

Registration

FEE	300/	LAST DATE	20/10/2017	SPOT REGISTRATION	350/-	STUDENT REGISTRATION	250/-
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Remittance cash/DD/cheque/ payable through NEFT to nursingconference SCTIMST, SBI, A/C no: 67292219941, IFSC: SBIN0070029, Medical college, Thiruvananthapuram- 11

Contact

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(Contact time: 8am to 4pm)

Due credit hours will be allotted as per KNMC norms

